



Growing Solutions Farm – Produce Availability – 2017

Below is a prediction of what we can expect to harvest, it is only a general guideline of what vegetables may be available during the months listed.

	MAY 15	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER
HERBS (\$1/bag)			Basil			
	Chives					
		Cilantro			Cilantro	
		Mint				
	Parsley					
GREENS CROPS	Arugula (\$3/8 oz bag)				Arugula	
	Bok Choy (small - \$2/ea, large - \$3/ea)				Bok Choy	
		Kale (\$2/bunch, \$4/lb)				
	Lettuce - head (\$2/ea)					Mizuna (\$3/8oz/bag)
	Sorrel (\$3/8 oz bag)					
	Spinach (\$4/lb)				Spinach	
		Swiss Chard (\$2/bunch, \$4/lb)				
ONION CROPS			Garlic (50¢/bulb, \$6/lb)			
		Garlic Scapes(\$2/bunch,\$7/lb)				
		Leeks (50¢/ea)				Leeks
			Onion (\$2/lb)		Onion	
	Scallions (Onions - bunching - \$2/bunch)					
ROOT CROPS		Beets (\$3/bunch)				
		Carrots (\$3/bunch)				
			Potatoes (\$2/lb)			
	Radish (\$2/bunch)					
	Turnip (\$2/bunch)					
FRUITING CROPS			Beans - string (\$3/lb)			
			Cucumber (\$2/lb)			
			Eggplant(\$2.50/lb)			
			Okra (\$3/lb)			
		Peas - snap (\$3/pint)				
				Peppers - hot - cayenne, cherry, habanero (4/\$1, \$4/lb), poblano (50 ¢/ea, \$4/lb)		
				Peppers - sweet - bell, corni di toros (\$3/lb), snack peppers (\$3/pint)		
				Squash - summer (zucchini - \$2/lb)		
				Squash - winter (acorn, butternut - \$2/lb)		
			Tomato - cherry (\$3/pint)			
			Tomato - plum (\$2/lb)			
			Tomato - slicer (\$2/lb)			
FLOWERS			Bouquets (\$7/ea), Sunflowers(\$1.50/stem)			
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